

NAILSEA AND DISTRICT FOOTPATH GROUP

Spring walks

1st February to 31st May 2019



**Annual General Meeting – 1st April
(see page 6)**

**Annual subscriptions are now due
(see page 6)**

Membership:

£4 for adults, persons 18 years and under are free.

Temporary membership:

New members may walk free for two walks but for insurance purposes must thereafter join the group as full members by payment of the subscription.

Conditions for Walking:

- All walkers walk at their own risk.
- All walkers are required to wear appropriate footwear and clothing and to take sufficient drink with them.
- For insurance purposes "Dogs/Animals to be kept on a lead and if appropriate to be muzzled."
- Dogs will not be allowed on coaches.
- The leader reserves the right to change the route of the walk, e.g. in adverse weather conditions.
- Should a walker wish to stop walking (for any reason) the appointed 'back-marker' shall be advised.
- The Countryside Code shall be followed:
Countryside Code - advice for the public
Be safe - plan ahead and follow any signs
Leave gates and property as you find them
Protect plants and animals, and take your litter home
Keep dogs under close control
Consider other people

General:

- For walkers own peace of mind they may wish to take out their own insurance cover and should carry their own First Aid kit, to include any medication needed in an emergency.
- Most walks are taken at an average of two miles per hour (3.25 kph). The leader will halt the group specifically for breathers/refreshments at intervals determined on the day according to group capability, weather and terrain conditions.
- All members are asked to assist in the organisation of lifts, especially for the Thursday walks.

Committee

Chairman:	Gordon Bennett
Tel:	01275 810067
Secretary:	Pete Dixon
Tel:	01275 855788
Treasurer:	Nigel Guy
Tel:	01275 855850
Footpath Officer:	Bill Tate
Tel:	01275 852118

Committee Members

Cynthia Gardiner	01275 857426
Cliff Mallinson	01275 856177
Dot Coward	01275 857431
Judy Hall	01275 853627
Tony Tublin	01275 853112
Margaret Dean	01275 794630
Heather Weston	01275 603202
Jan Dowman	01275 854116

General Walks Information

Grading:

* Easy	Fairly level, moderate gradients
** Moderate	Mixed levels, comfortable gradients.
*** Challenging	Rougher, undulating, longer and steeper gradients.
**** Strenuous	Harder hill and coast walks. Rough, rocky, stony, and boggy. Long sections of steep gradients.

Walk Contact: The contact number for the leader is given for every walk listed. It is suggested that you contact the leader before the day of the walk if you intend joining away from Nailsea.

Tuesday Morning Walks will be approximately 5 miles (8 kilometres) in length, circular. Meet at the far end of the Nailsea Tesco Store car park at 9:30am

Thursday All Day Walks will be approximately 8 miles (13 kilometres) in length, circular. A packed lunch is required. Meet at the far end of the Nailsea Tesco Store car park at 09:30am.

Thursday Morning Pub Walks will be approximately 5 miles (8 kilometres) in length, circular. They will start and finish at a Pub. Walkers should meet at **9.45am** at the pub, so they can pre-order their meal ready for a 10am start, contacting the leader for the start point. If you wish to be notified of the start by e-mail, contact Gordon Bennett: gb1@blueyonder.co.uk.

Please note that pub car parks are for the use of patrons only.

Morning Strolls will be 2 - 2½ miles in length over easy terrain and at an easy pace. Please contact leader for start point.

Shorter, Slower Strolls start at 10.30 on alternate Thursdays. Distance up to 2 miles, but taken at a slower pace and allowing time to investigate local features of interest en route.

Thursday More Challenging Walks will normally be longer than the usual Thursday all-day walks and may be 10 or more miles. They may be taken at a slightly quicker pace and will usually be unreccecd. Meet at the far end of the Nailsea Tesco Store car park at 9:00am. To receive details of these walks, contact Carole Venner at carole.venner8@gmail.com or Judy Hall on 01275 853627.

Notes

By joining a walk a person agrees to follow the instructions of the Leader, but also takes responsibility for his/her own actions.

We have an arrangement with the manager of Tesco to use the far end of the store car park on walk days but **ONLY** if car registrations are notified via the leader.

Suggested mileage rate

Passengers are expected to pay their share of transport costs. Based on the AA's cost of motoring for an average car, it is suggested that a rate of **18p per mile** be divided amongst all those travelling in the car. So, for example, if the total distance to and from the start of the walk is 50 miles, the total cost would be £9.00. If there are 3 people in the car, the driver plus 2 passengers, each would contribute £3.00, and the 2 passengers would pay this amount to the driver. A share of any parking fees or tolls should be paid in addition to this sum. Drivers should feel free to increase or decrease the suggested mileage rate according to the size of their car and running costs.

A SNIP IN TIME SAVES NINE. If you are able, please carry secateurs and assist with path clearance whilst on walks.

Annual General Meeting – 1st April

Tuesday 5th February

Morning walk
Leader: Bridget Gracey

Wednesday 6th February

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 7th February

All day walk
Leader: Jan and Tony Dowman

Sunday 10th February

A walk around the Harptrees and Litton, with the hope of seeing snowdrops
Meet: Clevedon Road car park at 9am
Distance: 9 miles approx.
Terrain: ** moderate
Leader: Jill Wilkins

Wednesday 13th February

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 14th February

Pub walk
Leader: Diane Bennett

More challenging walk
Leader: Nigel Guy

Sunday 17th February

Afternoon walk
Meet: Nailsea Library at 2pm
Leader: Heather Weston

Tuesday 19th February

Morning walk
Leader: Brian Webb

Wednesday 20th February

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 21st February

All day walk
Leader: Lin Visser

Saturday 23rd February

All day walk (packed lunch)
Backwell area
Meet: Clevedon Road car park at **9:30am**

Note start time

Distance: 7 – 8 miles
Terrain: ** moderate
Leader: Val Baldock

Wednesday 27th February

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 28th February

Pub walk
Leader: Betty Carey and Alison Mitchell

More challenging walk

Leader: David Southwood

Tuesday 5th March

Morning walk
Leader: Sue Pharo

Wednesday 6th March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 7th March

All day walk
Leader: Pat Stephens

Sunday 10th March

All day walk (packed lunch)
Montacute and Ham Hill
Meet: Clevedon Road car park at 9am
Distance: 9½ miles
Terrain: ** moderate
Leader: Chris and Ginny Watts

Wednesday 13th March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 14th March

Pub walk
Leader: Roy Lewis and Christa Taylor

More challenging walk

Leader: Tony Dowman

Sunday 17th March

Afternoon walk
Meet: Clevedon Road car park at 1:30pm for cars to Congresbury

Note meeting time and place

Leader: Hilary West

Tuesday 19th March

Morning walk
Leader: Maurice Edwards

Wednesday 20th March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 21st March

All day walk
Leader: Diane Bennett

Saturday 23rd March

All day walk (packed lunch)
Castle Combe
Meet: Clevedon Road car park at 9am
Distance: 8 – 9 miles
Terrain: ** moderate
Leader: Gordon Bennett

Tuesday 26th March

Visit to Portishead lifeboat station
See page 6 for details



Wednesday 27th March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 28th March

Pub walk
Leader: Pam Billingham

More challenging walk
Leader: John Hunter

Monday 1st April

Annual General Meeting. Please see page 6

Tuesday 2nd April

Morning walk
Leader: Pat Stephens

Wednesday 3rd April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 4th April

All day walk
Leader: Debbie Tublin

Wednesday 10th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 11th April

Pub walk
Leader: Jan Edwards

More challenging walk
Leader: Heather Weston

Sunday 14th April

All day walk (packed lunch)
Brendons/Quantocks
Meet: Clevedon Road car park at 9am
Distance: 10-12 miles
Terrain: **/** moderate/challenging
Leader: Tony Tublin

Tuesday 16th April

Morning walk
Leader: Keith Norwood

Wednesday 17th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 18th April

All day walk
Meet at Tesco at 9:10am – note start time
X7 bus to Clevedon at 9:29am
Return by bus from Portishead
Don't forget your bus pass
Leader: Nigel Guy

Sunday 21st April

Afternoon walk
Meet: Nailsea Library at 2pm
Leader: Brian Webb

Wednesday 24th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 25th April

Pub walk
Leader: Pam Billingham
More challenging walk
Leader: Debbie Tublin and Ginny Watts

Saturday 27th April

All day walk (packed lunch)
A Forgotten Landscape –
springtime in the Severn Vale
Meet: Clevedon Road car
park at 9:30am
Note start time
Terrain: * easy
Leader: Diane Bennett

Tuesday 30th April

Morning walk
Leader: Ginny Watts

Wednesday 1st May

Morning stroll
Leader: please contact Cliff Mallinson

easy
walk

Thursday 2nd May

All day walk

Leader: Gordon Bennett

Wednesday 8th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 9th May

Pub walk

Leader: Diane Bennett

More challenging walk

Leader: Gordon Bennett

Tuesday 14th May

Morning walk

Leader: Bill Tate

Wednesday 15th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 16th May

No walk, no leader - Cricket St Thomas holiday

Sunday 19th May

Afternoon walk

Meet: Nailsea Library at 2pm

Leader: Bill Tate

Wednesday 22nd May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 23rd May

Pub walk

Leader: Carole Venner

More challenging walk

Leader: Tony Tublin

Saturday 25th May

All day walk (packed lunch)

Hutton, Criston and Bleadon Hill

Good views over the Somerset Levels, Weston and Wales on a clear day

Meet: Clevedon Road car park at 9am

Distance: 8 miles

Terrain: **/** moderate/challenging

Leader: Nigel Guy

Tuesday 28th May

Morning walk

Leader: Carole Venner

Wednesday 29th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 30th May

All day walk

Leader: Jan Edwards

Visit to Portishead lifeboat station

A while ago we visited the Portishead lifeboat station as part of a walk. It was very interesting but somewhat rushed, and some people who would like to have made the visit were not on the walk. Heather Weston has therefore kindly arranged for a visit on a non-walking Tuesday, March 26th, at 11am.

There will be someone there to show us round, give us a talk about what goes on, and tell us about some of the rescues they have made.

Coffee and cake will also be provided.

Heather's son, Paul, is running in the London marathon to raise money for the RNLI. He is member of the lifeboat crew and will be there to talk about his experiences. Any donations for Paul's marathon effort will be much appreciated.

Annual General Meeting Monday April 1st

The Annual General Meeting will be at Nailsea School, Mizzymead Road, Nailsea, BS48 2HN, in the Green Lecture Theatre, starting at 7:30pm. After the business part of the meeting and refreshments, there will be a talk by

Adrian Woolacott, from the North Somerset Public Rights of Team.

Annual subscription renewal

Annual subscriptions are now due. If you are coming to the AGM, you can bring your subscription (£4) with you. Alternatively you can send it directly to our treasurer, Nigel Guy, 3 Selworthy Gardens, Nailsea, Bristol, BS48 2JZ. Please make cheques payable to Nailsea and District Footpath Group. Whichever method you choose, please remember to complete the renewal slip on page 7 and return it with your subscription.

If you are bringing it to the AGM, please arrive early so that we can start the meeting time.

Shorter, slower strolls

You will notice that there are no shorter, slower strolls in the current programme. This is because there has been no support for them over the past few months. However, Stuart Arthur is willing to organise these walks if there is any call for them.

If you are interested in taking part in the shorter, slower strolls, please contact Stuart Arthur on 01275 853570 or by email at stuartarthur33@hotmail.com.

The number of people going on the shorter, slower stroll has dwindled recently, and it is becoming difficult to find leaders for every walk. If you would like to try one of these walks, or know anyone who might like to go on them, please have a word Stuart.

Ramblers Holidays Walking Partnership

Our Group is a member of Ramblers Walking Holidays Walking Partnership. If anyone goes on a Ramblers Holiday, an Adagio Holiday or a Chapters Experience Holiday, please quote our group name when you book. We will then receive a donation of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. If you forget to nominate us when you book, you can do so any time up until you travel.

We know that some of our members do go on Ramblers Walking Holidays, so we would grateful if you would help us by quoting our name. You can find out more about these holidays by [clicking here](#).



Stroll leaders

For information on stroll leaders, please contact Cliff Mallinson by email (cliff.mallinson@gmail.com) or call him on 01275 856177 or 07970 887050.

Birthday cards etc.

As a friendly group, we like to send cards to people who have significant birthdays, are ill or have an injury so they cannot walk. However, we can only do this if we know when important birthdays are coming up or if someone is not well. As a guide, we would like to send a card to anyone who is 60, 70 and every 5 years thereafter. If you have a significant birthday coming up, know anyone who has, or know of anyone who is not well and will not be able to walk with us for a while, please let Dot Coward know on one of the walks, or by calling 01275 857431 or by email - eric.coward@sky.com.

Footpath Clearing Group – New Organiser Required

For the past few years, Tony Tublin has done an excellent job in organising the path clearing group. He now feels he would like to handover this role to someone else, or share the role, perhaps on a bi-monthly basis. The role involves liaising with North Somerset Council to decide which paths are to be cleared and organising the volunteers.

The work this group does is very much appreciated by North Somerset Council, and we all benefit from having paths which are clear and easy to use.

If you would like to help, or would like to find out more about what the role involves, please give Tony a ring on 01275 853112 or contact him by email at Tonytublin@aol.com.

Discounts

Discounts are available to group members at the following stores. (A membership card is on page 6.)
Cotswold Leisure – 15% (Membership card needed. Online use promotional code AF-NDFG-Q8.)
The Gorge Outdoor Shop, Cheddar – 10% (Footpath Group membership card needed)

Group sweatshirts and polo shirts etc.

If you would like a group T-shirt, polo shirt or sweatshirt, please contact Gordon – 01275 810067 or by e-mail at gb1@blueyonder.co.uk.


Programme by e-mail

If you would like to receive your programme by e-mail, please send your e-mail address to Gordon at gb1@blueyonder.co.uk.

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Nailsea and District Footpath Group Membership Form	
Name:	Date:
<i>If renewal, please complete the following only if some of the information has changed</i>	
Address:	
Post code:	
Phone number:	Mobile number:
E-mail address:	
<i>Note: the information supplied will be stored electronically for use solely by the Group for administrative purposes.</i>	

Membership card

 Membership card
**NAILSEA AND DISTRICT
FOOTPATH GROUP**
(Affiliated to HF Holidays)

www.nfpg.org.uk

Name:

Signed:
(Chairman) *G. Bennett*



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