

NAILSEA AND DISTRICT FOOTPATH GROUP

Spring walks

1st February to 31st May 2018



**Annual General Meeting – Tuesday 27th March
(see page 6)**

**Annual subscriptions are now due
(see page 6)**

Membership:

£4 for adults, persons 18 years and under are free.

Temporary membership:

New members may walk free for two walks but for insurance purposes must thereafter join the group as full members by payment of the subscription.

Conditions for Walking:

- All walkers walk at their own risk.
- All walkers are required to wear appropriate footwear and clothing and to take sufficient drink with them.
- For insurance purposes "Dogs/Animals to be kept on a lead and if appropriate to be muzzled."
- Dogs will not be allowed on coaches.
- The leader reserves the right to change the route of the walk, e.g. in adverse weather conditions.
- Should a walker wish to stop walking (for any reason) the appointed 'back-marker' shall be advised.
- The Countryside Code shall be followed:
 - Countryside Code - advice for the public
 - Be safe - plan ahead and follow any signs
 - Leave gates and property as you find them
 - Protect plants and animals, and take your litter home
 - Keep dogs under close control
 - Consider other people

General:

- For walkers own peace of mind they may wish to take out their own insurance cover and should carry their own First Aid kit, to include any medication needed in an emergency.
- Most walks are taken at an average of two miles per hour (3.25 kph). The leader will halt the group specifically for breathers/refreshments at intervals determined on the day according to group capability, weather and terrain conditions.
- All members are asked to assist in the organisation of lifts, especially for the Thursday walks.

Committee

Chairman:	Gordon Bennett
Tel:	01275 810067
Secretary:	Pete Dixon
Tel:	01275 855788
Treasurer:	Nigel Guy
Tel:	01275 855850
Footpath Officer:	Bill Tate
Tel:	01275 852118
Publicity Officer:	Maureen Brake
Tel:	01275 858400

Committee Members

Cynthia Gardiner	01275 857426
Cliff Mallinson	01275 856177
Dot Coward	01275 857431
Judy Hall	01275 853627
Tony Tublin	01275 853112
Brian Webb	01275 851255
Jan Dowman	01275 854116

General Walks Information**Grading:**

* Easy	Fairly level, moderate gradients
** Moderate	Mixed levels, comfortable gradients.
*** Challenging	Rougher, undulating, longer and steeper gradients.
**** Strenuous	Harder hill and coast walks. Rough, rocky, stony, and boggy. Long sections of steep gradients.

Walk Contact: The contact number for the leader is given for every walk listed. It is suggested that you contact the leader before the day of the walk if you intend joining away from Nailsea.

Tuesday Morning Walks will be approximately 5 miles (8 kilometres) in length, circular. Meet at the far end of the Nailsea Tesco Store car park at 9:30am

Thursday All Day Walks will be approximately 8 miles (13 kilometres) in length, circular. A packed lunch is required. Meet at the far end of the Nailsea Tesco Store car park at 09:30am.

Thursday Morning Pub Walks will be approximately 5 miles (8 kilometres) in length, circular. They will start and finish at a Pub. Walkers should meet at **9.45am** at the pub, so they can pre-order their meal ready for a 10am start, contacting the leader for the start point. If you wish to be notified of the start by e-mail, contact Gordon Bennett: gb1@blueyonder.co.uk.

Please note that pub car parks are for the use of patrons only.

Morning Strolls will be 2 - 2½ miles in length over easy terrain and at an easy pace. Please contact leader for start point.

Shorter, Slower Strolls start at 10.30 on alternate Thursdays. Distance up to 2 miles, but taken at a slower pace and allowing time to investigate local features of interest en route.

Thursday More Challenging Walks will normally be longer than the usual Thursday all-day walks and may be 10 or more miles. They may be taken at a slightly quicker pace and will usually be unreccecd. Meet at the far end of the Nailsea Tesco Store car park at 9:00am. To receive details of these walks, contact Carole Venner at carole.venner8@gmail.com or Judy Hall on 01275 853627.

Notes

By joining a walk a person agrees to follow the instructions of the Leader, but also takes responsibility for his/her own actions.

We have an arrangement with the manager of Tesco to use the far end of the store car park on walk days but **ONLY** if car registrations are notified via the leader.

Suggested mileage rate

Passengers are expected to pay their share of transport costs. Based on the AA's cost of motoring for an average car, it is suggested that a rate of **15p per mile** be divided amongst all those travelling in the car. So, for example, if the total distance to and from the start of the walk is 50 miles, the total cost would be £7.50. If there are 3 people in the car, the driver plus 2 passengers, each would contribute £2.50, and the 2 passengers would pay this amount to the driver. A share of any parking fees or tolls should be paid in addition to this sum. Drivers should feel free to increase or decrease the suggested mileage rate according to the size of their car and running costs.

A SNIP IN TIME SAVES NINE. If you are able, please carry secateurs and assist with path clearance whilst on walks.

Annual General Meeting – Tuesday 27th March

Thursday 1st February

Pub walk

Leader: Pam Billingham

More challenging walk

Leader: Tony Tublin

Shorter, slower stroll

For details, please see page 6

Tuesday 6th February

Morning walk

Leader: Pam Billingham

Wednesday 7th February

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 8th February

All day walk

Leader: Pat Stephens

Sunday 11th February

All day walk (packed lunch)

Portishead – woods and nature reserve

Meet: Clevedon Road car park at 9am

Distance: 8 miles approx

Terrain: **

Leader: Heather Weston

Wednesday 14th February

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 15th February

Pub walk

Leader: Christine Dennis

More challenging walk

Leaders: Bob and Joy Mills

Shorter, slower stroll

For details, please see page 6

Sunday 18th February

Afternoon walk

Meet: Nailsea Library at 2pm

Leader: Brian Webb

Tuesday 20th February

Morning walk

Leader: Margaret Dean

Wednesday 21st February

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 22nd February

All day walk

Leader: Val Baldock

Saturday 24th February

All day walk (packed lunch)

An early spring walk

Meet: Clevedon Road car park at 9am

Distance: 10 miles

Terrain: ** moderate

Leader: Tony Tublin

Wednesday 28th February

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 1st March

Pub walk

Leader: Carol Wood

More challenging walk

Leader: Nigel Guy

Shorter, slower stroll

For details, please see page 6

Tuesday 6th March

Morning walk

Leader: Maurice Edwards

Wednesday 7th March

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 8th March

All day walk

Leader: Lin Visser

Sunday 11th March

All day walk (packed lunch)

Blagdon and the Mendips. Good views over Chew Valley and Blagdon if the weather is good

Meet: Clevedon Road car park at 9am

Distance: 8½ miles approx

Terrain: ** (climb for about a mile at start, then reasonably flat until downhill at the end)

Leader: Carole Venner

Wednesday 14th March

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 15th March

Pub walk

Leader: Jane Burleigh

More challenging walk
Leader: Tony Tublin

Shorter, slower stroll
For details, please see page 6

Sunday 18th March

Afternoon walk
Meet: Nailsea Library at 2pm
Leaders: Dot Coward and Heather Weston

Tuesday 20th March

Morning walk
Leader: Sue Pharo

Wednesday 21st March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 22nd March

All day walk
Leader: Debbie Tublin

Saturday 24th March

All day walk (packed lunch)
Wavering Down, Crook Peak, Compton Bishop and Axbridge.

Meet: Clevedon Road car park at 9am
Distance: 8 miles
Terrain: ***
Leader: Nigel Guy

Tuesday 27th March

Annual General Meeting
Please see page 6 for details

Wednesday 28th March

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 29th March

Pub walk
Leader: Maureen Dobie

More challenging walk
Leader: David Bennett

Shorter, slower stroll
For details, please see page 6

Tuesday April 3rd

Morning walk
Leader: Gordon Bennett

Wednesday 4th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 5th April

All day walk
Leaders: Jan and Tony Dowman

Sunday 8th April

All day walk (packed lunch)
An early spring walk
Meet: Clevedon Road car park at 9am
Distance: 9½ miles
Terrain: ** moderate
Leaders: Chris and Ginny Watts

Wednesday 11th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 12th April

Pub walk
Leader: Heather Weston

More challenging walk
Leader: Lin Visser

Shorter, slower stroll
For details, please see page 6

Sunday 15th April

Afternoon walk
Meet: Nailsea Library at 2pm
Leader: John Hunter

Tuesday 17th April

Morning walk
Leader: Carole Venner

Wednesday 18th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 19th April

All day walks
Willows and Wetlands Centre,
North Curry
Leader: Nigel Guy



Wednesday 25th April

Morning stroll
Leader: please contact Cliff Mallinson

Thursday 26th April

Pub walk
Leader: Jan Edwards

More challenging walk
Leader: Sue Sheehan

Shorter, slower stroll
For details, please see page 6

Saturday 28th April

All day walk (packed lunch)
Barbury Castle and Avebury
by coach

Booking essential

Depart: Clevedon Road
car park at 8:45am

For details, please see page 5, and booking form on
page 8

Leaders: Diane and Gordon Bennett



Tuesday 1st May

Morning walk

Leader: Ginny Watts

Wednesday 2nd May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 3rd May

All day walk

Spring flowers on the Somerset Levels

Leaders: Gordon and Diane Bennett



Wednesday 9th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 10th May

Pub walk

Leader: Diane Bennett

More challenging walk

Leader: Gordon Bennett

Shorter, slower stroll

For details, please see page 6

Tuesday 15th May

Morning walk

Leader: Pam Billingham

Wednesday 16th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 17th May

All day walk

Leader: Brian Webb

Sunday 20th May

Afternoon walk

Meet: Nailsea Library at 2pm

Leader: Maureen Brake

Wednesday 23rd May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 24th May

Pub walk

Leader: Christa Taylor

More challenging walk

Leader: Jan Edwards

Shorter, slower stroll

For details, please see page 6

Saturday 26th May

All day walk (packed lunch)

Leader: Lin Visser

Due to unforeseen circumstances, Lin has had to change the walk she had planned, just as the programme was being finalised. Details of her walk will follow.

Tuesday 29th May

Morning walk

Leader: Brian Webb

Wednesday 30th May

Morning stroll

Leader: please contact Cliff Mallinson

Thursday 31st May

All day walk

Leader: Jan Edwards

Barbury Castle and Avebury by coach

On Saturday 28th April there will be two walks starting at Barbury Castle, south of Swindon, and ending in Avebury. Diane's walk will be about 7 miles (easy) and follow the Ridgeway along the edge of the Downs, arriving in Avebury via the stones. There may be time to visit Manor, which featured in the television series *The Manor Reborn*, in December 2011. Please note that there is a charge for entry to the Manor and Museum, but both are free to NT members. The stones are free to all.



Gordon's walk, of about 9¾ miles, will also follow the Ridgeway path, but will continue on to the Sanctuary (a Neolithic stone circle), then pass Silbury Hill and West Kennet Long Barrow before ending in Avebury.

If you would like to join us on Saturday 28th April, please complete the form on page 8, and return it to G Bennett, 9 Huntley Grove, Bristol BS48 2UQ, **no later than March 24th**. Please make cheques payable to Nailsea and District Footpath Group. Places will be allocated on a first come, first served basis.

Annual General Meeting Tuesday March 27th

The Annual General Meeting will be at Nailsea School, Mizzymead Road, Nailsea, BS48 2HN, starting at 7:30pm.

After the business part of the meeting there will be a talk by Diane Bennett entitled

Walking in the Baltic States

At first sight the Baltic States, Latvia, Lithuania and Estonia, may not seem to be an obvious place for a walking holiday, but with numerous national parks there is a great variety of walking in unusual landscapes, including forests, bogs and sand dunes. For the adventurous, there is also bog walking! The countries are fascinating, with ancient capitals, and everywhere there are reminders of the Soviet era. I am sure you will find this talk fascinating.



Annual subscription renewal

Annual subscriptions are now due. If you are coming to the AGM, you can bring your subscription (£4) with you. Alternatively you can send it directly to our treasurer, Nigel Guy, 3 Selworthy Gardens, Nailsea, Bristol, BS48 2JZ. Please make cheques payable to Nailsea and District Footpath Group. Whichever method you choose, please remember to complete the renewal slip on page 8 and return it with your subscription.

Shorter, slower strolls

For details of the shorter, slower, strolls, please contact Stuart Arthur on 01275 853570 or by email at stuartarthur33@hotmail.com.

The number of people going on the shorter, slower stroll has dwindled recently, and it is becoming difficult to find leaders for every walk. If you would like to try one of these walks, or know anyone who might like to go on them, please have a word Stuart.

Ramblers Holidays Walking Partnership

Our Group is a member of Ramblers Walking Holidays Walking Partnership. If anyone goes on a Ramblers Holiday, an Adagio Holiday or a Chapters Experience Holiday, please quote our group name when you book. We will then receive a donation of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. If you forget to nominate us when you book, you can do so any time up until you travel.

We know that some of our members do go on Ramblers Walking Holidays, so we would be grateful if you would help us by quoting our name. You can find out more about these holidays by [clicking here](#).

Stroll leaders

For information on stroll leaders, please contact Cliff Mallinson by email (cliff.mallinson@uwclub.net) or call him on 01275 856177 or 07970 887050.

Birthday cards etc.

As a friendly group, we like to send cards to people who have significant birthdays, are ill or have an injury so they cannot walk. However, we can only do this if we know when important birthdays are coming up or if someone is not well. As a guide, we would like to send a card to anyone who is 60, 70 and every 5 years thereafter. If you have a significant birthday coming up, know anyone who has, or know of anyone who is not well and will not be able to walk with us for a while, please let Dot Coward know on one of the walks, or by calling 01275 857431 or by email - eric.coward@sky.com.

Footpath Clearing Group

For several years a small group of volunteers from a number of local walking groups have met once a month to clear footpaths in the local area. The work these people carry out is very much valued by North Somerset, and enables work to be carried out which would not otherwise get done. The group have opened up a number of paths which had been blocked for many years, as well helping to clear paths which were getting overgrown. Unfortunately, the number turning out each month has recently decreased. If you would be interested in helping with this valuable work, which is not difficult, and only involves the use of hand tools such shears and secateurs, could you please contact Tony Tublin on 01275 853112 or by email at Tonytublin@aol.com. There are number of ladies who regularly assist, so anyone is welcome.

Discounts

Discounts are available to group members at the following stores. (A membership card is on page 6.)

Cotswold Leisure – 15% (Membership card needed. Online use promotional code AF-NDFG-Q8.)

The Gorge Outdoor Shop, Cheddar – 10% (Footpath Group membership card needed)

Group sweatshirts and polo shirts etc.

If you would like a group T-shirt, polo shirt or sweatshirt, please contact Gordon – 01275 810067 or by e-mail at gb1@blueyonder.co.uk.

Programme by e-mail

If you would like to receive your programme by e-mail, please send your e-mail address to Gordon at gb1@blueyonder.co.uk.




Coach Walk Saturday 28th April	
I enclose a cheque for £	(£10 per person, including tip for driver)
Name	
Address:	
	Post code:
Telephone number:	
Names	



Nailsea and District Footpath Group Membership Form	
Name:	Date:
<i>If renewal, please complete the following only if some of the information has changed</i>	
Address:	
	Post code:
Phone number:	Mobile number:
E-mail address:	
<i>Note: the information supplied will be stored electronically for use solely by the Group for administrative purposes.</i>	

Membership card

 Membership card
**NAILSEA AND DISTRICT
FOOTPATH GROUP**
(Affiliated to HF Holidays)

www.nfpg.org.uk

Name:

Signed:
(Chairman) *G. Bennett*



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